



NEWS

DECEMBER 2018

BELIEVE IT OR NOT, IT IS TIME TO PREPARE FOR THE 2019-20 SCHOOL YEAR!

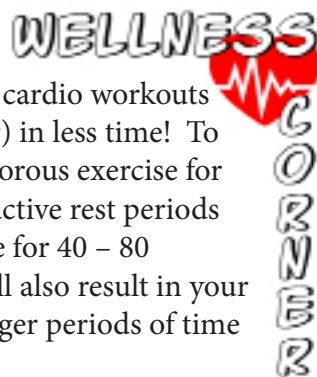
The High School Course Book and Planning Guide is available to you on the Green Bay Public School District website - www.gbaps.org - under the students or parents tab. This book provides a wealth of information regarding career exploration, college admissions, district programs opportunities to earn college credits and courses available to students. Please use this resource as you help your child plan their high school career and beyond. Please contact your school counselor if you have questions.

On Wednesday, December 5, 2018, students will begin receiving information about selecting courses for their 2019-20 school year. Parents are welcome to attend any of the presentations.

- Freshman will be meeting in the auditorium during their science class on December 13.
- Sophomores will be meeting in the auditorium during their social studies class on December 5.. They will also be hearing information presented by UW-GB, St. Norbert's and NWTC about post high school pathways.
- Juniors will be receiving course selection information in their english language arts classroom on December 12, December 13, or December 14 . They will also hear information on ACT test preparation and Turbo Charge opportunities to earn college credits while in high school.

We hope students will discuss their course options with parents and/or other caring adults to assist them in making these important choices in preparing for their future college and career opportunities. Students are encouraged to enter their course requests in Infinite Campus beginning Wednesday, December 12. Directions on how to enter student's course request into Infinite Campus can be found on the Southwest website.

On December 19, students will begin reviewing their 2019-20 course selections with their school counselor. Please encourage your child to contact their school counselor if they have questions about their course options.



Add interval training to your cardio workouts for the same results (or better) in less time! To do this, alternate between vigorous exercise for 20 – 40 seconds followed by active rest periods of moderate intensity exercise for 40 – 80 seconds. Interval training will also result in your body burning calories for longer periods of time AFTER your workout is over!



<https://gbaps.nutrislice.com/menu/southwest/lunch>

ACT TESTING

Before we know it, spring will be around the corner and with that, ACT state-wide testing. The ACT will assess how high school juniors are performing in literacy, math, science and social studies. Testing will take place on February 20th and 21st. There is a potential benefit for the students who take the exam- submission of scores, for free, to up to four colleges of the students' choosing. The scores from the state-wide assessment count the same as the traditional ACT exam, which is paid for by the test-taker and administered outside of the school day. There will be further communication regarding ACT testing as we get closer to the test date of February 20th and 21st.

In preparation for the assessment, there are several tools that can be utilized for practice. Green Bay Public Schools (GBAPS), has created an icon on Classlink entitled, "ACT Suite." This icon has links to both timed or untimed ACT "practice" assessments as well as other supports. The Wisconsin Department of Public Instruction also has resources at <http://dpi.wi.gov/assessment/act>. Taking practice or simulated assessments help students gain familiarity with ACT test questions, reduce test anxiety, and assist with ACT test time management. Southwest will also hold an ACT practice open house day from 8:00 a.m. to 12:00 p.m. on Saturday February 2nd. Your student can practice the ACT assessment on that day as well.

UW-GREEN BAY EXPRESS ADMISSIONS EVENT

Attention Senior Students: The University of Wisconsin- Green Bay is offering an exciting opportunity by hosting an Express Admission Event here at Southwest High School for those interested in applying to UWGB!

- UW-Green Bay admissions staff will be on-site to assist seniors who are interested in applying to UW-Green Bay through the online application process

- It will be free to apply

- UWGB advisors will be able to admit students on the spot to the main campus or one of our branch locations & will walk each student through their next steps in becoming a UW-Green Bay student

Date & Time: Monday, December 10th during 6th, 7th, & 8th hours (12:15-3:00)

Where: Computer Lab 4615

If you are interested in this opportunity, please stop by the Career Center to sign up or e-mail Sam Post at posts@uwgb.edu. A pass will then be written for you the day of.

Deadline to sign up: Thursday, December 6th at the end of the school day.

FOOTLOOSE

Greetings from the Southwest High School Musical Theater Department! We would like to ask you to please consider being a show sponsor for our upcoming production of "Footloose." There are three different levels of show sponsorship that we have this year. Below, you will find those levels as well as what your business will earn as a result of being a show sponsor.

Level 1: Theater Goer (Donation of \$50-\$99)

With this level of sponsorship, you get 2 tickets to our Sponsor Night on February 9th at 7:00 pm. You will also get a half page ad in our program that will be seen by over 4,000 people during the run of our performances.

Level 2: Theater Star (Donation of \$100-\$149)

With this level of sponsorship, you get 4 tickets to our Sponsor Night on February 9th at 7:00 pm. You will also get a full page ad in our program that will be seen by over 4,000 people during the run of our performances.

Level 3: Theater Headliner (Donation of \$150 or more)

With this level of sponsorship you get to choose what show (February 8th, 10th, 15th or 16th) and be the Headliner sponsor for that performance. With this honor, you get 4 tickets to the show, as well as an announcement prior to the start of the performance stating you are the sponsor of that performance. You also get a full page ad in the program that will be seen by over 4,000 people during the run of our performances.

Contact Tiffany Uitenbroek at Southwest (920)492-2650 if you are interested in being a show sponsor.

CLUBS

KEY CLUB

KEY Club is once again doing their "Giving Tree" where our homeless students' wishes for Christmas are put on ornaments and KEY Club members take the ornament and shop for them. This is all done anonymously and partnered with Student Services. This year, DECA is taking an ornament also!



Upcoming Events:

December 5-7 DECA Photo Challenge

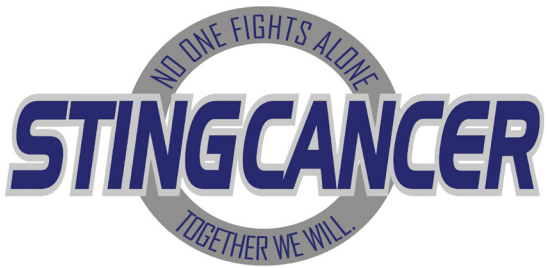
December 6, 3:00 - 3:45 pm , DECA Competition Meeting

December 13, 3:00 - 3:45 pm, DECA Competition Meeting

December 20, 3:00 - 3:45 pm, DECA Competition Meeting

ACADEMIC DECATHLON

Congratulations to our Academic Decathlon team for moving onto the regional competition. Erin Liang placed 1st in Math, 2nd in Art, 3rd in Science to earn an overall 3rd place ribbon. Lukas Pisani earned a second place ribbon in Economics.



Dec 4 - Southwest Sting Cancer & Girl's Basketball

Pancreatic Cancer Night - Wear Purple!

Dec 13 - Breast Cancer Family Foundation 3:00pm Room 2340

ART CLUB

Art Club is participating in Memory Project. The Memory Project is a charitable nonprofit organization that invites art teachers, art students, and solo artists to help cultivate global kindness by creating portraits for children around the world who have faced substantial challenges, such as violence, war, extreme poverty, neglect, and loss of parents.

